

USA Masters Combined Events Championships

Dallas, Texas, June 11 & 12, 2011

<https://sites.google.com/site/texasexpressstfclub/>

Men's Decathlon – Women's Decathlon – Women's Heptathlon
Open Decathlon and Heptathlon (non-championship)

When

Saturday & Sunday, June 11-12

Start times will be posted on website

Facility

Hunt Family Stadium

Rekortan surface – 1/4" limit on spikes,
Grass runway for javelin, brushed concrete
for shot and discus. Rest rooms and
dressing rooms provided.

<p>Where: Hunt Family Stadium, St. Mark's School of Texas, 10600 Preston Road, Dallas, TX 75230. Rest rooms and dressing area at track Sponsored by: New Balance, RUNON and Gill Athletics, Inc.</p>	<p>Submit online or send entry to: John Turek c/o St. Mark's School of Texas, 10600 Preston Road, Dallas, TX 75230.</p>
<p>Entry Fee: \$85 postmarked on or before May 29th, \$100 postmarked after. Payable to John Turek.</p>	<p>Awards: USATF National Masters Championship Medals Awarded to top three finishers in each age group</p>

Hotel: Courtyard Dallas LBJ at Josey, 2930 Forest lane, Dallas, TX 75234, 972-620-8000 Rates; \$59.00 w/o breakfast and \$69.00 w/breakfast. * National Masters Championships, Reference # M-3ZEVWG. *The hotel is located about 6.5 miles from the school.

A usable selection of pole vault poles will be available, see website for details. Use of the facilities poles means that you are agreeing to replace the pole if you break it. **YOU BREAK IT YOU BUY IT!**

Order of Events – Decathlon

<p>MEN 100 meters 110 Hurdles Long Jump Discus Shot Put Pole Vault High Jump Javelin 400 Meters 1500 meters</p>	<p>WOMEN 100 Meters Hurdles Discus Long Jump Pole Vault Shot Put Javelin High Jump 400 meters 1500 meters</p>
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Order of Events – Heptathlon

<p>Saturday Hurdles High Jump Shot Put 200m</p>	<p>Long Jump Javelin 800</p>
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Registration Form

Make checks payable to John Turek

Mail Entry (\$85 before May 29, \$100 after May 29) to: John Turek, c/o St. Mark's School of Texas, 10600 Preston Road, Dallas TX, 75230

Please print or type

Name _____ Age (on 6/11/2011) _____

Address _____ Birthdate _____

City _____ State _____ Zip code _____ 2011 USATF Number

(Required)

Phone Number (____) ____ - _____ Club _____

Event _____ Total Amount _____

Shirt Size _____ Email Address _____

I _____ understand that competing in a track & field competition can be a potentially dangerous activity. I verify that I am physically fit and have trained for this competition. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act in my behalf, waive and release USATF, Inc., USATF Southwestern Association, St. Marks School of Texas and all sponsors and officials from all claims of any kind arising out of my participation in the National Masters Decathlon & Heptathlon Championship Meet. I grant permission for emergency medical treatment for myself by competent medical personnel as required.

Signature _____ Date _____

Emergency Phone Number _____

Please list any info for publicity purposes